

Daily Epidemiological Report for SARS-Cov\_2

Report No. 298

Date Issued 26 Jan. 2021 @ 21h30

## 1. PURPOSE

The report provides a descriptive analysis of SARS-Cov-2 related cases and deaths, which were detected, reported and investigated in the Eastern Cape Province, as on 26 Jan. 2021. 2. HIGHLIGHTS

- As on the 26<sup>th</sup> January 2021, **307** new SARS-Cov-2 cases, with a majority of the newly reported cases were reported in Buffalo City Metro (20.5%), followed by Nelson Mandela Metro (18.6%) and Chris Hani (16.6%) districts.
  - Active Cases: Of the **3222** current active cases, majority are in Chris Hani **(31.9%)**, followed by Joe Gqabi **(19.7%)** and Amathole **(16.7%)**.
  - The provincial recovery rate was 93%. Only two districts (Chris Hani and Joe Gqabi) reported recovery rates that are below 90%.
  - From the 5<sup>th</sup> of January 2021 to date, testing rate has increased while the percentage of specimens testing positive has decreased.
- b. Covid-19 related deaths:
  - In the last 24 hours, **86** new deaths were reported with **29** of the deaths occurring in the last 48 hours.
  - The is a notable decrease in the number of newly reported deaths due to SARS-Cov-2. (Clinical audits and back capturing of deaths into DATCOV have identified an increase in the number of deaths especially in between June and August 2020.)

## c. Hospitalizations and outcomes:

As on 25 January 2021, there were 1183 currently admitted cases, 69.1% in the public sector and 30.9% in the private sector. More than 84%, were admitted in the general ward, 10.9% in ICU and 5% in High Care. A total of 50% of the current admissions were on oxygen and 5.9% were on ventilation.

## d. Healthcare workers:

The number of healthcare workers who tested positive for SARS-Cov-2 was 9,776 and 188 demised (the case fatality rate was 1,9%).

• Nurses were the most affected, followed by doctors and clinical associates. There is an increase in the positivity rate among healthcare workers in the metros.

#### Conclusion

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- The burden of disease due to SARS-Cov-2 appears to be declining but still remains high in some areas of the province.
- Just over half of the active cases are in Chris Hani, Joe Gqabi, OR Tambo and Amathole.
- Five districts report a recovery rate, which is above 90% and 3 districts, Alfred Nzo, Chris Hani and Joe Gqabi, report recovery rates less than 90%.
- There is a need to strengthen identification of suspected cases, collection specimens for COVID-19 testing, isolation of cases and quarantining of contacts. Promoting compliance to non-pharmaceutical interventions remains a central strategy in preventing further spread of infections in communities.

## 3. SARS-Cov-2 CASES & DEATHS

#### 3.1. Summary of all cases and deaths

On the 26<sup>th</sup> of January 2021, **307** new cases and **86** deaths (**29** occurred in the last 48 hours). The cumulative number of cases and deaths were **190.833** and **10.223** respectively.

Table 1. SARS-Cov-2 cases and deaths in the Eastern Cape by sex, as on 26 Jan 21									
	No 6	New Cores	Total	97	Deaths	New Deaths		Total	CED
	NO. OF Cases	New Cases	TOLAI	70	Deatins	*Newly Reported	**Newly occurred	TOLAT	CFN
Male	75284	133	75417	39,5	4345	35	21	4401	5,8
Female	115045	174	115219	60,4	5792	22	8	5822	5,1
Unknown	197	0	197	0,1	0			0	0,0
Total	190526	307	190833	100,0	10137	57	29	10223	5,4

\* Deaths which occurred more than 48 hours ago \*\* Deaths which occurred within the last 48 hours of reporting

The case fatality rate (CFR) was reported as 5.4%, with a CFR of 5.8% among males and 5.1% among the females. Clinical audits in hospitals to provide valuable information to estimate the burden of disease.

Table 2. Number of positive SARS-Cov-2 cases, recoveries and deaths, as on 26 Jan 21											
District	Cases	New	Total	Recoveries	Deaths	New Deaths		Total	CFR	Recovery	Active
		Cases	Confirmed					Deaths	%	Rate	Cases
						*Newly Reported	**Newly occurred				
Alfred Nzo	7714	30	7744	7111	330	3	0	333	4,3	91,8	300
Amathole	18911	14	18925	17370	1010	3	5	1018	5,4	91,8	537
BC Metro	38051	63	38114	35740	2206	1	8	2215	5,8	93,8	159
Chris Hani	18974	51	19025	16590	1400	2	5	1407	7,4	87,2	1028
Joe Gqabi	7081	34	7115	6158	310	11	2	323	4,5	86,5	634
NM Metro	54686	57	54743	51610	3033	17	2	3052	5,6	94,3	81
OR Tambo	21995	41	22036	20625	1080	7	6	1093	5,0	93,6	318
S Baartman	21472	16	21488	20541	768	13	1	782	3,6	95,6	165
Imported	595		595	595	0			0	0,0	100,0	0
Unspecified	1047	1	1048	1048	0			0	0,0	100,0	0
E. Cape	190526	307	190833	177388	10137	57	29	10223	5,4	93,0	3222
* Doaths that assured more than 49 hours ** Doaths which assured within the part 49 hours of sporting											

Deaths that occurred more than 48 hours \* Deaths which occurred within the past 48 hours of reporting

In the past 24 hours 307 new cases were reported; Buffalo City Metro (20.5%), Nelson Mandela Metro (18.6%), Chris Hani (16.6%), OR Tambo (13.4%), Joe Gqabi (11.1%), Alfred Nzo (9.8%), Sarah Baartman (5.2%) and Amathole (4.6%).

Of the 3222 active cases, Chris Hani accounted for 31.9%, Joe Ggabi (19.7%), Amathole (16.7%), Alfred Nzo (9.3%), OR Tambo (10%), Sarah Baartman (5.1%), Buffalo City Metro (4.9%) and Nelson Mandela Metro (2.5%).

The overall provincial recovery rate was 93%. Six districts reported a recovery rate greater than 90% and 2 districts (Chris Hani -87.2% and Joe Gqabi -86.5%) reported recovery rates less than 90%.

#### 3.2. Newly diagnosed cases

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Figure 1 provides the 7-day moving average of newly reported cases by district comparing a period of weeks,  $11^{\text{th}}$ - $17^{\text{th}}$  and  $18^{\text{th}}$  –  $24^{\text{th}}$  January 2021.



Fig. 1. 7-day moving average of SARS-Cov-2 cases by date of collection, as on 26<sup>th</sup> Jan. 2021

## 4. SARS-Cov-2 LAB TESTS & RESULTS

## 4.1. \*Test Results by Laboratory

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The number of specimens tested by public and private sector laboratories was 832,853. About 66% of the tests were done in the public sector and 34% in private sector laboratories.

Table 3. Number of tests for Private and Public by Laboratories, as on 26 Jan 2021						
	Private	Public	Total	%		
Alfred Nzo	2449	26205	28,654	3.4		
Amathole	8339	66628	74,967	9.0		
BC Metro	30821	90773	121,594	14.6		
Chris Hani	6866	51968	58,834	7.1		
Joe Gqabi	1281	24606	25,887	3.1		
NMB Metro	35290	121331	156,621	18.8		
OR Tambo	16631	64179	80,810	9.7		
Sarah Baartman	3764	80245	84,009	10.1		
Unclassified	201477	0	201,477	24.2		
Eastern Cape	306918	525935	832,853	100.0		

#### **4.2.** \*Antigen Testing

The total number of specimens tested using the antigen testing method, was 51,505 with a 14.3% positivity rate.

Table 4. No. of SARS-Cov-2 Tests and results using Antigen Test Method, as on 26 Jan 2021							
	Negative	Positive	Total	Percentage (%)	Positivity Rate (%)		
A Nzo	3596	892	4488	8.7	19.9		
Amathole	2917	587	3504	6.8	16.8		
BC Metro	6682	1539	8221	16.0	18.7		
Chris Hani	5597	1089	6686	13.0	16.3		
Joe Gqabi	1760	436	2196	4.3	19.9		
NM Metro	13484	1240	14724	28.6	8.4		
OR Tambo	6432	1280	7712	15.0	16.6		
Sarah Baartman	3694	280	3974	7.7	7.0		
Total	44162	7343	51505	100.0	14.3		

The Nelson Mandela Metro district accounted for 28.6%, followed by Buffalo City Metro (16%), OR Tambo (15%), Chris Hani (13%), Alfred Nzo (8.7%), Sarah Baartman (7.7%), Amathole (6.8%), and Joe Gqabi (4.3%). Proportion of specimens testing positive for SARS-Cov-2 using the Rapid Antigen Method was 14.3%, with Alfred Nzo (19.9%), Joe Gqabi (19.9%), Buffalo City Metro (18.7%), OR Tambo (16.6%) and Amathole (16.8%).

## 4.3. \*Tests by age group and sex

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The following figure 3 provides the number of tests done by age group. The economically active age group (20 to 59 years) accounted for the majority of tests conducted (63.7%).



Fig. 3. Public sector SARS-Cov-2 tests by age group, as on 26<sup>th</sup> Jan 2021



Fig. 4. No. of SARS-Cov-2 public sector tests by age group and gender, as on 26<sup>th</sup> Jan 2021

Figure 4 provides the number of tests conducted in the public sector by age group and gender between the 29 November 2020 and 26 January 2021. The female population accounted for 34,637 (55.2%) and male population accounted for 26,697 (42.5%) of the positive tests. Less than 3% (1,430) lacked information on gender.

## 4.4. \*Turnaround Time

The turnaround time is used as a key performance indicator of the laboratory performance. The table below provides the turnaround time in both public and private laboratories that was reported by NICD.



\*The data for TAT by the laboratory is only updated when available Fig. 5. Turnaround time for positive results by week as on 03<sup>rd</sup> Jan. 2021

Over 86% of the test results were available within 72 hours or less compared to 85.5% in the previous week, a decrease of 1.2%. Fifty-four percent of the results were available within 24 hours, a 18.6% increase compared to the previous week.



Fig. 6. 7-day moving average for laboratory tests and positivity rate, as on 26<sup>th</sup> Jan. 2021





#### Fig. 7. The 7-day moving average for tests and testing rate, as on 26<sup>th</sup> Jan. 2021

The seven-day moving average and testing rate has decreased from 54 tests conducted per 100,000 on 20 January to 50 tests per 100,000 on 26 January 2021.

Table 5. Confirmed SARS-Cov-2 cases, incidence & positivity rate, as on 26 Jan. 2020								
District	Population	No. of	SARS-Cov-2	Active SARS-	SARS-Cov-2 per	Positivity		
District	Estimates	tests	Cases (ALL)	Cov-2 Cases	100,000 (Active)	Rate		
Alfred Nzo	827826	28,218	7744	300	36.2	27.4		
Amathole	798067	73,592	18925	537	67.3	25.7		
BC Metro	798798	120,571	38114	159	19.9	31.6		
Chris Hani	733743	58,033	19025	1028	140.1	32.8		
Joe Gqabi	343075	25,249	7115	634	184.8	28.2		
NM Metro	1210803	155,615	54743	81	6.7	35.2		
OR Tambo	1520922	80,247	22036	322	21.2	27.5		
S Baartman	480223	83,452	21488	165	34.4	25.7		
Imported			595	-2				
Unspecified		171,127	1048	-2				
Eastern	6712457	706104	100922	2222	19.0	24.0		
Cape	0/1545/	790104	120022	5222	40.0	24.0		

#### 5.1. \*Active SARS-Cov-2 cases and positivity rate

The province reported 48 active cases per 100 000 population as of 26 January 2021. The cumulative positivity rate was 24%. Three districts reported a cumulative positivity rate above 30%. The Joe Gqabi and Chris Hani districts reported the highest number of active cases; 140.1 and 184.8 active cases per 100,000 population respectively for the past 7 days. The Amathole district reported the third highest at 67.3 active cases per 100,000 population followed by Alfred Nzo (36.2 per 100,000). Four districts (Sarah Baartman, OR Tambo, Nelson Mandela Metro and Buffalo City Metro) had less than 50 active cases per 100,000 population.

#### 5.2. \*Incidence of SARS-Cov-2 cases

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The incidence of SARS-Cov-2 is above the hotspot threshold (10 cases per 100 000 population) in all districts. From week 2 there has been a decrease in incidence in all districts. The observed decrease follows a rise observed in week 52 (20 to 26 December 2020).



Fig. 8. Incidence of SARS-Cov-2 cases by epidemiological week, as on 26<sup>th</sup> Jan 21

In the past 7 days, the incidence of SARS-Cov-2 decreased from 74.1 cases per 100,000 on the 20<sup>th</sup> to 48 per 100,000 on the 26<sup>th</sup> January (Figure 9). Two districts reported a minimum of >100 active cases per 100,000 populations, and 6 had less than 100 per 100,000 active cases.



Fig. 9. Incidence of active SARS-Cov-2 (per 100,000) by district date, as on 26<sup>th</sup>Jan. 2021

In the last 14 days period, the number of active cases have decreased by 56,0% from 20<sup>th</sup> December to 02<sup>nd</sup> January 2021 (Figure 10). Seven districts have a negative percentage change of the active cases, except for Joe Gqabi, which has more than 20% increase in the number of new cases.



\*The data for testing by the laboratory is only updated when available

Fig. 10. Percentage change of the incidence of active SARS-Cov-2 cases, 20<sup>th</sup> Dec -02<sup>nd</sup> Jan 2021

#### 5.3. Recovery Rate (%)



The figure below provides the recovery rate over a period of 7 days for each district.

## Fig. 11. Recovery Rate (%) by districts, as on the 26<sup>th</sup> Jan. 2021 (N=177,388)

The provincial recovery rate remained above 90% over the past 7 days. Six districts reported a recovery rate above 90%. The Chris Hani and Joe Gqabi districts reported a recovery rate of 87.2 and 86.5 respectively.

## 5.4. Mapping of active cases, recoveries and deaths

The map shows the distribution of active cases, recoveries and deaths related to SARS-Cov2 in the province.



Fig. 12. Number of Covid-19 cases, recoveries and deaths, as on 26<sup>th</sup> Jan. 2021

#### 6. SARS-COV-2 CASES AND 7-DAY MOVING AVERAGE

No of cases

3500 250000 3000 200000 ive cases 2500 No of cases 150000 2000 1500 Cumulat 100000 1000 50000 500 0 0 01-Mar-20 02-Mar-20 115-Mar-20 115-Mar-20 115-Mar-20 115-Mar-20 115-Mar-20 115-Mar-20 111-Mar-20 03-Mar-20 03-M Date of specimen collection

The graph below depicts the total number (including cumulative) of cases and the 7-day moving average.

## Fig. 13. The 7-day moving average for COVID-19 cases by date of specimen collection (26<sup>th</sup> Jan. 2021)

7 day moving average

Cumulative cases

The number of daily newly diagnosed cases increased from the second half of October and peaked in the mid-December, and then decreased until to date. However, the cumulative number continues to show an upward trend. The second peak of the pandemic appears to be approaching the level of the first peak.

## 7. SARS-Cov-2 RELATED MORTALITY

## 7.1. SARS-Cov-2 related deaths

Table 5. Number of cases and deaths by month, as on 26 Jan. 2020								
Month	Cases	Percent (%)	Deaths	Percent (%)	Case Fatality Rate (%)	Mortality Rate (per 100,000)		
March	13	0.0	0	0.0	0.0	0.0		
April	638	0.3	32	0.3	5.0	0.5		
May	3282	1.7	283	2.8	8.6	4.2		
June	23783	12.5	1018	10.0	4.3	15.2		
July	50289	26.4	1996	19.5	4.0	29.7		
August	8279	4.3	645	6.3	7.8	9.6		
September	2991	1.6	209	2.0	7.0	3.1		
October	8625	4.5	283	2.8	3.3	4.2		
November	33706	17.7	1579	15.4	4.7	23.5		
December	42469	22.3	2532	24.8	6.0	37.7		
January (2021)	16758	8.8	1501	14.7	9.0	22.4		
Unknown	0	0.0	145	1.4		2.2		
Total	190833	100	10223	100	5.4	152		

The table below provides the total number of cases, deaths and mortality rate by the month.

The month of December accounts for the second highest proportion of cases (22.3%) and the highest proportion of SARS CoV-2 related deaths (24.8%). The Case Fatality Rate was highest in May 2020 (8.6) and January 2021 being 9%.





## 7.2. Number of reported SARS-Cov-2 related deaths



The figure below depicts the daily deaths and the cumulative number of deaths.

#### Fig. 15. Daily and cum. SARS-Cov-2 related deaths by date of demise, as on 26<sup>th</sup> Jan. 2021

The number of daily deaths increased since May 2020 and peaked on the 20<sup>th</sup> July 2020, then rapidly declined in August and October. In last week of October, the number of deaths increased and peaked in mid-December. The cumulative number of deaths continues to increase until to date.



#### 7.3. Case Fatality Rate by district

Fig. 16. SARS-Cov-2 Case Fatality Rate (%) by district, as on 26<sup>th</sup> Jan. 2021 (N=10,223)

The case fatality rate has increased over the last seven days by 0.2% from 5.2% on the 20<sup>th</sup> to 5.4%. The Chris Hani district reported the highest case fatality rate of 7.4%, followed by Buffalo City Metro (5.8%), Nelson Mandela Metro (5.6%), Amathole (5.4%), OR Tambo (5%), Joe Gqabi (4.5%), Alfred Nzo (4.3%) the lowest being Sarah Baartman by 3.6%.

## 7.4. \*Case Fatality Rate by age group



The figure below provides the case fatality rate for both males and females.

#### Fig. 17. SARS-Cov-2 related Case Fatality Rate (%) by age group, as on 26<sup>th</sup> Jan. 2021

The case fatality rate increases with an increasing age. Since the beginning of the pandemic, the younger population had a low case fatality rate compared to the older population that had an increased case fatality rate. The male population had a higher case fatality rate compared to the female population.

## 7.5. \*Post-mortem testing

Thirty percent (30%), i.e. 59 of the 199 post-mortem tests (PMTs) which done in the province tested positive for SARS-Cov-2.



\*Data on post mortem test updated when available from NHLS/NICD

Fig. 18. No. of post mortem test results by district, as on 22nd Dec. 2020 (Tests=199)

Fifty-five percent (55,3%) of the tested were done in Sarah Baartman and 31 tested positive (28,2% positivity rate). Twenty-eight (28) PMTs were done in Chris Hani (32,1% positivity rate) and twenty-six (26) in NM Metro Metro (46,2% positivity rate).

## 7.6. Deaths by health facilities

The figure below provides the number of deaths by hospital or place. Only hospitals or places with a minimum of 18 deaths are included in the figure below.



## Fig. 19. No. of SARS-Cov-2 related deaths by the facility, as on 26<sup>th</sup> Jan. 2021

Frere Hospital (8.5%), Cecilia Makiwane (6.7%) and Netcare Greenacres (5.8%) recorded the three highest number of deaths in facilities (N=8355). The Rev. Dr. Elizabeth Mamisa Chabula-Nxiweni Filed hospital reported 2% of deaths reported in facilities.

#### 6. HEALTHCARE WORKERS

#### 6.1. Cases and deaths among HCWs



The number of reported healthcare workers who tested positive for SARS-Cov-2 was 9,776 and 188 persons demised.

## Fig. 20. SARS-Cov-2 positive Healthcare Workers, as on 26<sup>th</sup> Jan. 2021 (N = 9,776)

The number of healthcare workers who tested positive for SARS-Cov-2 in Buffalo City Metro was 2,042 (33 deaths), Nelson Mandela Metro 2,102 (65 deaths), Amathole 1,239 (28 deaths), Chris Hani 1,117 (27 deaths), OR Tambo 950 (9 deaths) and Sarah Baartman 1127 (8 deaths). Two districts reported the lowest number of cases, i.e. Alfred Nzo (783 cases, with 13 deaths) and Joe Gqabi (416 cases, with 5 deaths).

## 6.2. SARS-Cov-2 Cases by job category

Table 6. SARS-Cov-2 cases by selected job categories, as on 26th Jan. 2021						
	Number	Cases	Positivity Rate (%)			
Admin	12434	724	5,8			
Allied Professionals	3041	153	5,0			
Doctors & Clinical Assoc	2369	324	13,7			
Nurses	20650	4074	19,7			
Emergency Medical Services	2498	223	8,9			

The table below provides the number of selected healthcare professionals employed by the State and SARS-Cov-2 cases by job categories, and the positivity rate of that job category.

The positivity rate among the nurses was 19,7%, followed by doctors and clinical associates (13,7%), allied professionals (5%), EMS (8,9%), and admin personnel (5,8%). The positivity rates among healthcare workers have a negative impact on patient safety, staff morale and confidence, and the capacity of the State to provide quality health services to the population.

#### 6.3. SARS-Cov-2 cases among HCWs in NM Metro & Sarah Baartman



The epi-curve for healthcare workers who tested positive in NM Metro and Sarah Baartman.

**Fig. 21. No. of SARS-Cov-2 cases in NM Metro and Sarah Baartman, as on 13<sup>th</sup> Nov. 2020** The 7-day moving average shows an increase in the number of cases among healthcare workers that occurred during June and July. After the June to July period, the number of healthcare workers who tested positive decreased with the number in the general population. However, the number of cases has increased from the middle of October to date, mimicking the epi-curve for the general population. Similar to the general population, the cumulative number of cases among healthcare workers appear to continue to increase.

#### 6.4. Case Fatality Rate (%) among HCWs



The figure below provides the cases fatality rate among all healthcare workers.

#### Fig. 22. SARS-Cov-2 Case Fatality Rate (%) among HCWs, as on 26<sup>th</sup> Jan. 2021 (N=188)

The case fatality rate among healthcare workers was 1,9%. Nelson Mandela Metro, Chris Hani and Amathole had each more than 2% of the healthcare workers succumbing to SARS-Cov-2, followed by Alfred Nzo (1,7%), and BC Metro (1,6%). The lowest case fatality rate was observed in OR Tambo (0,7%) and Sarah Baartman (0.9%).

## 7. Hospitalization and outcomes

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## 7.1. Admissions and outcomes

Table 7: No. of hospitalization by district, as on 26 Jan 2021						
District	Public	Private	Total	Percentage		
Alfred Nzo	1361	72	1433	5.1		
Amathole	2153	0	2153	7.7		
Buffalo City Metro	4003	2845	6848	24.5		
Chris Hani	2353	686	3039	10.9		
Joe Gqabi	574	0	574	2.1		
Nelson Mandela Bay Metro	5623	4141	9764	34.9		
O R Tambo	1883	803	2686	9.6		
Sarah Baartman	1395	105	1500	5.4		
Total	19345	8652	27997	100.0		

The cumulative number of SARS-Cov-2 hospitalizations is 27,997 (DATCOV).

Of all the hospitalizations, 19,345 (69.1%) occurred in public sector and 8,652 (30.9%) in private sector health facilities. The metros account for more than a third (34.3%) of total admissions.

Table 8. No. of hospitalizations and outcomes, as on 26 Jan 2021						
Eastern Cape Total	Private	Public	Total			
Died	2140	6224	8355			
Discharged alive	6137	11532	17669			
In Hospital	366	817	1183			
Transfer to other facility	9	772	781			
ICU	121	8	129			
High care	8	52	60			
General	237	757	994			
On Oxygen	154	438	592			
Ventilated	58	12	70			

Nearly two thirds of hospitalized patients were discharged alive and more than 65% of the reported discharges were from the public sector. Over a quarter (29.8%) of hospitalized cases demised due to SARS-Cov-2 related causes with 74.5% of reported deaths occurring in public sector facilities (DATCOV).

Of 1,183 current admissions, more than 84%, were admitted in the general ward, 10.9% in ICU and 5% in High Care. A total of 50% of the current admissions were on oxygen and 5.9% were on ventilation.



\*Daily admissions' 7-day moving average updated based on the availability of data

Fig. 23 \*Average (7 day moving) daily admissions, Eastern Cape Health Facility Districts, as on 25 January 2021 (DATCOV)

As reported on DATCOV on 25 January 2021, the Nelson Mandela Metro accounts for 35% of all hospitalizations, followed by Buffalo City Metro (24.4%).



Fig. 24. No. of hospitalizations by date of admission for each district, as on 25<sup>th</sup> Jan. 2021



**Fig. 25. Hospitalizations & outcomes by admission week, as on 25<sup>th</sup> Jan. 2021 (DATCOV)** The number of currently hospitalized patients remained high during the last part of the year and started to decline thereafter.

## 7.2. Co-morbidities among admitted cases and deaths

The most common co-morbidities among the hospitalized SARS-Cov-2 patients were hypertension (31.7%) and diabetes (21.3%) among hospitalized SARS-Cov-2 cases. Two other co-morbidities which were common include HIV (5,6%) and obesity (4.3%).



Fig. 26. Co-morbidities among SARS-Cov-2 hospitalizations, as on 25<sup>th</sup> Jan .2021 (DATCOV)

A significant percentage of hospitalized patients did not have co-morbidities. The concern was those cases, which lacked information on the existence of the co-morbidities. This may have resulted in the under-estimation of the burden of co-morbidities among hospitalized SARS-Cov-2 cases.

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# Fig. 27. Co-morbidities among SARS-Cov-2 cases who demised, as on 25<sup>th</sup> Jan. 2021 (DATCOV)

The most common comorbidities among those cases that demised in the hospital include hypertension (41.1%) and diabetes (27,4%). Four other co-morbidities obesity (6.1%), HIV (5,6%), cardiac diseases (2.7%), and asthma (3%).

## 8. CONCLUSION

The burden of disease remains high in nearly all the districts but gradually decreasing. This may be due to the impact of the public health interventions, which were implemented in all the districts. Nearly half of the active cases were from BC Metro, Chris Hani and Amathole; and a quarter of the active cases are from OR Tambo and Alfred Nzo. Unfortunately, the number of deaths have significantly increased with the increase in the number of cases.

#### There are key issues, which require improvement;

- Strengthen surveillance of SARS-Cov-2 including collection and testing of specimens
- Prioritize contact tracing and monitoring to minimize the spread of the infections
- Isolate positive cases and quarantine contacts to minimize transmission
- Promote the use of prevention measures against SARS-Cov-2, i.e. wearing of masks, social distancing, and frequent handwashing

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	9 3 57 No Sci	7 773 reened	Y	822 Total	<b>2 576</b> Lab Tests	+	190 833     177 388     10 223       Positive Cases     Recoveries     Deaths
DISTRICT	TOTAL SCREENED	TOTAL TESTED	TOTAL CASES	RECOVERIES	DEATHS	ACTIVE CASES	AREAS
ALFRED NZO	694 706	29 026	7 744	7 111	333	300	Badibanise, Bhakubha, Bizana, Brooksnek, Cedarville, Chithwa, Dutyini, Emanxiweni, Ezinteteni, Kokstad, Lucingweni, Ma- luti, Mandileni , Matatiele, Mount Ayliff, Mount Frere , Ndlantana, Ngcingo , Ntabakhulu, Sugar Bush, Tabankulu
AMATHOLE	658 126	72 693	18 925	17 370	1018	537	Adelaide, Alice, Bolotwa, Butterworth, Cathcart, Centane, Cuba, Debe Nek, Dikana, Elliotdale, Ethafeni, Frankfort, Fort Beaufort, Ibika, Idutywa, Keiskammahoek, Willowale, Lower Mbhangcolo,Debe Nek, Mgababa, Nyaniso, Peddie
BUFFALO CITY METRO	210 367	122 554	38 114	35 740	2215	159	Abbottsford, Amalinda , Beacon Bay, Bisho, Braelynn, Buffalo Flats, Dimbaza, Duncan Village, East London, Gins- berg, Gonubie, Greenfields, Haven Hills, King William's Town, Mamata, Mdantsane, Masingata, Mantlaneni, Nahoon, Ndevana, Needs Camp, Parkside, Selbourne, Sunnyridge, Sunset Bay,Tshatshu, Vincent, West Bank, Zwelitsha
CHRIS HANI	515 346	60 682	19 025	16 590	1407	1 028	Bankies, Dordrecht, Dukathole, Ekunene, Ezibeleni, Kwanobuhle, Mcwangele, Madeira Park, New Rest, Ngcobo, Ngonyama, Popcorn Valley, Qebe, Qoqodala, Queenstown, Sigadleni, Vaalbank, Sada, Middleburg, Thornhill, Ndzamela, Mlungisi,Westbourne,Ntlonze, Maya Village,Ekuphumuleni, TopTown, Vleipoort, Zola
JOE GQABI	87 855	24 759	7 115	6 158	323	634	Aliwal North, Barkley East, Bhodi, Land Camp, Ugie, Inglewood, Maclear, Solomzi, Sunduza, Robbern, Venterstsad
NELSON MANDELA METRO	856 883	171 422	54 743	51 610	3052	81	Algoa Park, Bethelsdorp, Bloemendal, Bluewater Bay, Booysens Park, Cotswold, Cuyler, Daleview, Despatch, Fernglen Port, Gelvandale, Govan Mbeki, Heath Park, Helenvale, Jacksonville, Joe Slovo, Kabega Park, Kamma Park, Kamvelihke, Khayalethu, Kleinskool, Kwa Dwesi, Kwa-Magyaki, Kwamobuhle, Kwanoxolo, KwaZakhele, Lovemore Heights, Missionvale, Motherwell, Mount Croix, New Brighton, Newton Park, North End, Part Elizabeth, Rowallan Park, Salt Lake, Sardinia Bay, Schauderville, Sherwood, Silvertown, Soweto-On-Sea, Steve Tshwete, Summerstrand, Tamboville, Uitenhage, Veeplaas, Walmer, West End, Westering, Zwide, Lorraine, Hillside, Daleview
OR TAMBO	265 613	80 211	22 036	20 625	1093	318	Gomora, Lutatweni, Machibi, Majola, Mandilini ,New Payne Ngqeleni, Ntsimbini, Old Payne, Libode, Lusikisiki, Mqanduli, Tombo, Marhewini, Mpikwana,Bhongweni,Cibeni, Flagstaff,Magcakeni,Ngangelizwe, Ngganda/Tyebelana, Pollar Park, Tabase Mission, Slovo Park, Southernwood, Waterfall Park, Sandukwana,Zimbane, Ziphunzana
SARAH BAARTMAN	288 877	90 102	21 488	20 541	782	165	Aberdeen, Alexandria, Graat-Reinet, Grahamstown, Jeffrey's Bay, Jourbertina, Humansdorp, Parson, St. Francis Bay, Kirkwood, Lotusville, Bergendal, Bratenfel, Joza, Santaville, Somerset East, Thornhill, Willomore
IMPORTED*	-	0	595	595	0	0	Bloemfontein, Ceres, Cape Town, Dunoon, Fishoek, George, Green Point, Gugulethu, Hout Bay, Langa, Khayelitsha, Knysna, Phillipi, Stellenbosch, Strand
PENDING	-	171 127	1048	1048	0	0	
GRAND TOTALS	3 577 773	822 576	190 833	177 388	10 223	3 222	

#### ACKNOWLEDGEMENTS

- The epidemiological and surveillance functions continue because of the strong partnership between the following stakeholders;
- World Health Organization with epidemiologists, biostatisticians, and technical support
- The National Institute for Communicable Diseases (NICD) provided the province with epidemiologists and technical support
- The data analyst from TB/HIV Care has supported data management, mapping of the cases and other functions in the department
- Right to Care assists in mapping the cases in different areas in the province
- Centre for Disease Control (Atlanta-Pretoria) provided the Department with an epidemiologist and a statistician to support the province
- The Department of Health, both the National and Provincial Department of Health re-purposed the employees to focus on the control and prevention of the pandemic
- Laboratories; National Health Laboratory Services, Pathcare and Ampath for prompt and regular reporting of SARS-Cov-2 cases.

## Appendix 1: Incidence rate by Eastern Cape Districts and week of specimen collection as of 31



December 2020 Week 2 is interim data is incomplete and has been excluded.





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wk42

wk43

wk44

wk45

wk46

wk47

Epidemiological Week (current week: 53)

wk48

wk49

wk50

wk51

wk52