

Kereyti
ya **1**



Buka e kgolo ya dipalenyana



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

SESOTHO

1

Buka

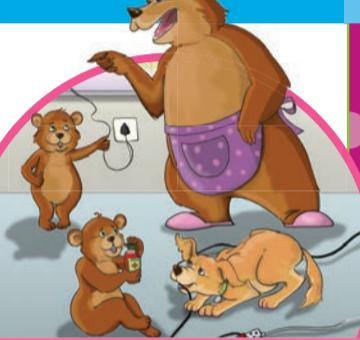
Tsela ya ho sebedisa Buka e Kgolo ena:



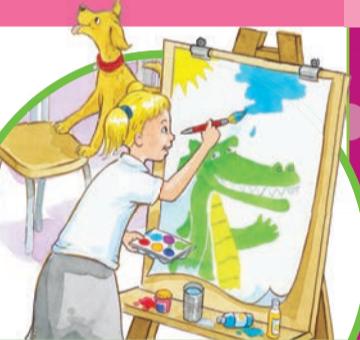
Dipale tse bukeng ena:



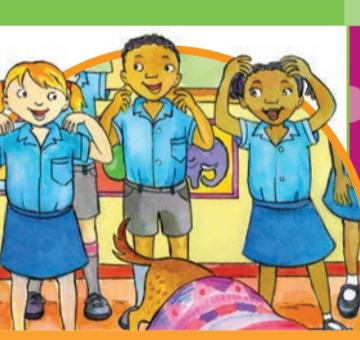
I Buka ya ka ya pele



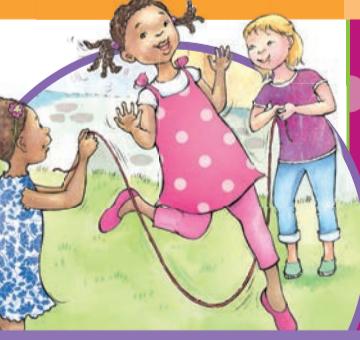
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Jwaloka titjhere o tla hloka ho rala le ho etsa tokiso ya mosebetsi wa palo e kopanetsweng le sehlopha sa hao. Ka tlwaelo ha titjhere e etsa palo e kopanetsweng, titjhere e sebetsa le bana bohole, empa ha sehlopha se le seholo haholo, ho molemo ho sebetsa le seholotshwana kapa karolo ya sehlopha. Ho hlokomelwe ho tiisa ho netefatsa hore bana ba dula mmoho mme ba bona Buka e Kgolo hore ba kgone ho bona se ngotsweng.

Nakong ya palo e kopanetsweng ya Buka e Kgolo bana ba ithuta ho tshwara buka, ho e tshwara ka mokgwa o nepahetseng,, ho phetla maqephe ka mokgwa o nepahetseng. E hodisa tsebo ya sethato ya tsebo ya buka- khabara, bokapele, bokamorao le sehlooho. E tataisa le kamoo tsela ya palo e etsahalang ka teng mme e bohlokwa bakeng sa tswelliso pele ya bana ya ho mamela, ho bua, ho bala, ho nahana, le ho rarolla mmoho le bokgoni ba ho ngola bo batlahalang ho CAPS:

- Ho hodisa bokgoni ba ho mamela le ho bua.
- Ho hodisa bokgoni bo hlahellang ba ho bala.
- Ho araba dipotso paleng.
- Ho taka kapa ho tshwantshisa pale.
- Ho sebedisa ditshwantsho ho noha hore pale e bua ka eng.
- Ho sebedisa palo e kopanetsweng e le motheo wa ho ngola ho arolelanwang.



Ho itokisetsa nako ya palo e kopanetsweng

- Netefatsa hore bana bohole ba bona buka. Ha sehlopha sa hao se le seholo, sebetsa le seholotshwana se senyenyanne.
- Ho tla thusa ho emisa buka hore o se e tshware ha o ntse o bala. (Bona ditaelo tsa ho emisa buka khabareng e kamorao.)
- Sebedisa rula kapa thupa ho latella mantswe ha o ntse o bala.
- Ha o batla ho bonahatsa mantswe a kgethehileng, o ka sebedisa disitiki nota pela lenseswe ho le bonahatsa, kapa wa iketsetsa fensetere ya mejiki'. Sebedisa pampiri e kgutlonne mme e nyenyanne e kgutlonne e sehwe mahareng a e kgolo. Nka e kgolo mme o e behe sengolweng hore ho bonahale lenseswe le le leng feela.

Mokgahlelo wa pele wa palo e kopanetsweng

Mokgahlelo wa pele o tadihana le ho natefelwa le 'tadimo' ya pele ya sengolwa, mme bana ba fana ka maikutlo a bona ka sengolwa.

- Phetla pale eo ba tlang ho e bala. Bua ka ditshwantsho.
- Kopa bana ba nohe pale ka sehlooho le ditshwantsho.
- Pele ho balwa ba tsebise mantswe a thata paleng.
- Etsa dikarete tsa mantswe ho tsebisa tlotlontswe e ntjha.
- Bala pale, o sebedisa sefahleho le ho phahama ho fapaneng ha lenseswe. Sebedisa matsoho le sefahleho.
- Latela mongolo ha o ntse o bala ka ho supa ka rula kapa thupa mantswe hore bana ba bone seo o se balang le ho se amanya le medumo leqepheng. Sena se tla ba thusa le ho bona tsamaiso ya ho bala ho tloha ho le letshehadi ho isa ho le letona le ho tloha hodimo ho leba fatshe.
- Sebedisa sena e le monyetla wa ho ba tsebisa 'puo ya buka' jwaloka: mantswe, polelo, leqepheng, mongodi, sehlooho jl.
- Ha bana ba be le seabo paleng ka ho pheta dipolelo tse iphetang(mohlala: "Matha, matha, matha ka lebelo, o ke ke wa ntshwara- ke monna wa borotho ba kgemere!")
- Pale e le nngwe e balwe makgetlo a mabedi ho isa ho a mararo ho neha bana monyetla wa ho bina mantswe, ho tshwantshisa, le ho bolela pale ka mantswe a bona.

Mokgahlelo wa bobedi wa palo e kopanetsweng

- Mokgahlelong wa bobedi ho sebediswa sengolwa sona se sebeditsweng pele feela kgatello e le ho baleng mme titjhere e sebedisa dipuisano tse teng ho hodisa tlotlontswe ya kutlwisiso, bokgoni ba ho rarolla le sebopetho sa sengolwa (thuto-puo, matshwao a puo jl)
- Ho ho wena , titjhere ho tlisa bana ho tadimo e shebaneng le tse latelang: kgopolohya ho ngola, sebopetho sa sengolwa, medumo ya puo, sebopetho sa puo, ditsela tsa ho kgetholla mantswe le kutlwisiso maemong a fapaneng (dipotso tsa puo- phara, ho hlopholla, ho akanya, ho sekaseka le kananelo)

Mokgahlelo wa boraro wa palo e kopanetsweng

- Mokgahlelong wa boraro wa palo e kopanetsweng, bana ba ipalle sengolwa ka bo bona mme ba etse mosebetsi wa molomo, ho etsa le ho ngola ho itshetlehileng sengolweng.
- Moo ho kgonehang, sengolwa sa Palo e Kopanetsweng se lebise ho Ho Ngola ho Kopanetsweng moo titjhere e bontshang ho ngola sengolwa mme bana ba qapa bongodi ba sengolwa ha titjhere e ba tataisa ebile e ngola seo ba se tjhong. Sena se thusa ho lokisetsa bana mosebetsi wa ho ingolla mesebetsi ya bona.

1

Buka ya ka ya pele

Katiba ya ka.

Ntja ya ka.

Katse ya ka.





Kopi ya ka.

Kepisi ya ka.

Mokotla wa ka.



Mme wa ka.



Ntate wa ka.

Nkgono wa ka.

Seipone sa ka.

Masale a ka.





Seipone sa ka.

Ketlele ya tee ya ka.



Letata la ka.



Topo ya ka.



Ke a matha.

Tjheebo!
Sekoqo!



2

Boipaballo pele



O se ke wa bapala ka motlakase.
O se ke wa bapala ka meriana.



Sutha dinthong tse tjhesang.

O se ke wa di ama.

O se ke wa bapala ka metjhese kapa
dibonesa.

O se ke wa bapala ka mollo.

Ke dintho dife tse tjhesang?

Ke dife tse tjhesang ka dinako tse ding?

Ke dife tse sa tjheseng?



3

Boithabiso tlelaseng

Jabu o rata ho taka.



Anna o rata ho penta.

Bongi o rata ho bala.



Dan o rata diboloko.



Sam o rata ho
ngola.



Mary o rata ho seha.

Ken o rata hlama yah o bapala.
Nomsa o rata diphasels.



Mme Billy o rata tsohle!



4

Ho qala sekolo

Jabu

Ann

Bongi



Dan

Ken

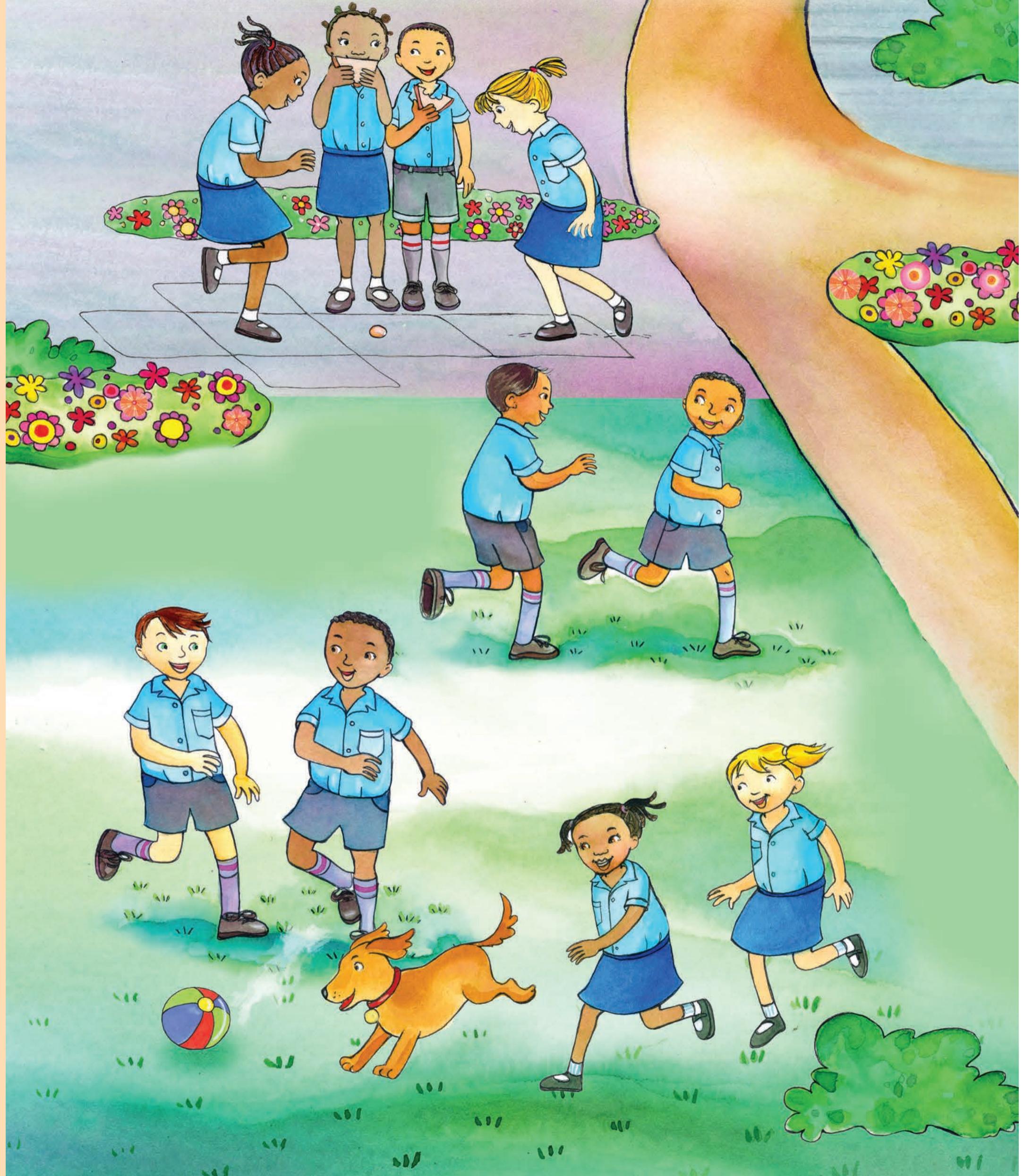
Ke Bongi.

Bana ke Ann, Dan, Ken le Jabu.

Enwa ke Ben, ntja ya sekolong.

Ben ke ntja e qabolang.

Ho monate ho bapalla letsatsing.
Re rata ho matha le ho tlola.





Re matha le ho bapala letsatsing.
Re rata letsatsi le tjhesang.
Ben o rata ho matha letsatsing.

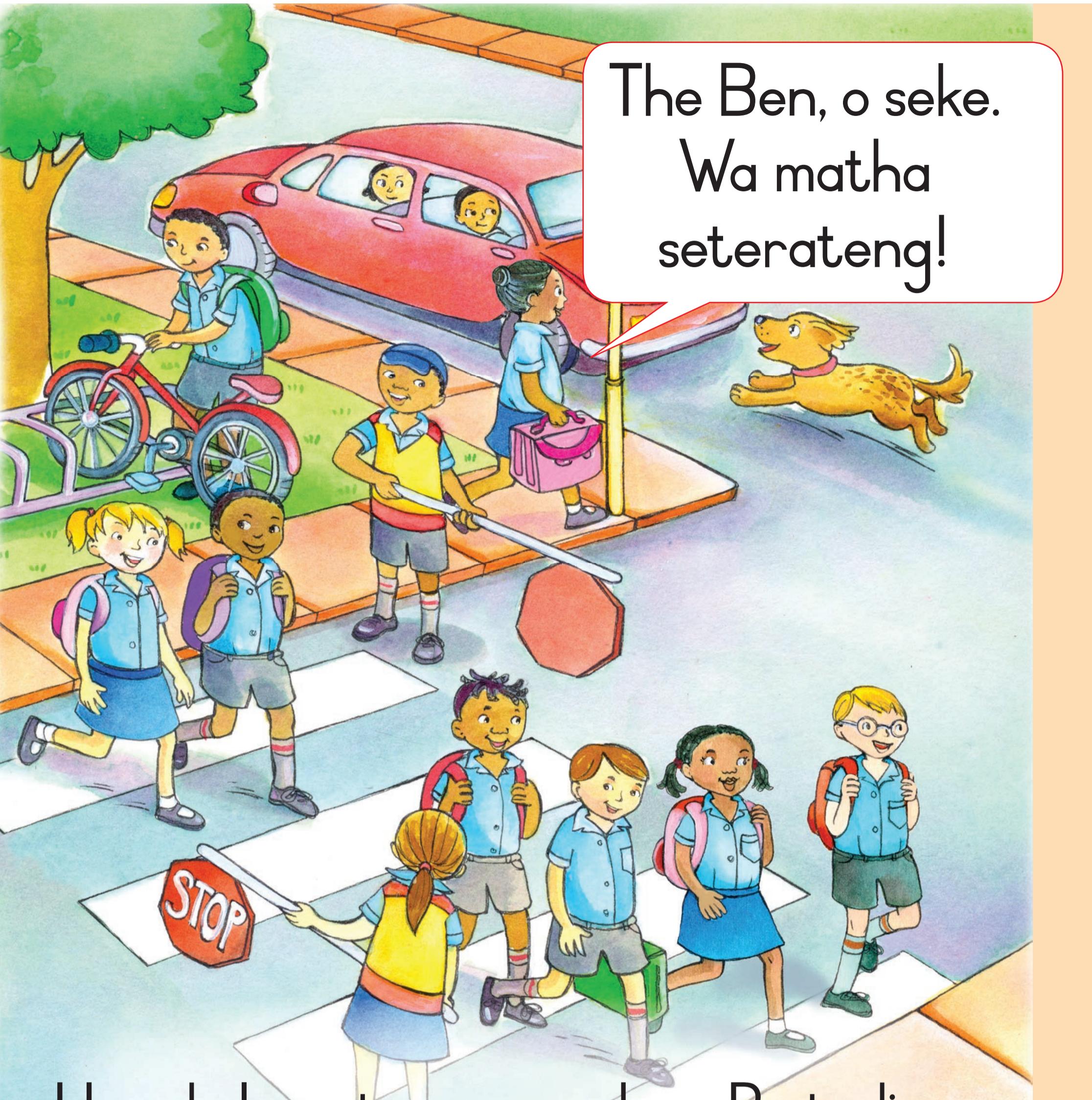


Hau, hau, hau.

Re a bina.

Ben o katlasa mmata.

Ben o natefetswe.



The Ben, o seke.
Wa matha
seterateng!

Ha sekolo se tswa re ya hae. Re tadima ho le letona le le letshehadi le le letona hape. Jwale ebe re a tshela. Re ema ha roboto e le kgubedu. Ho monate ho ya sekolong.

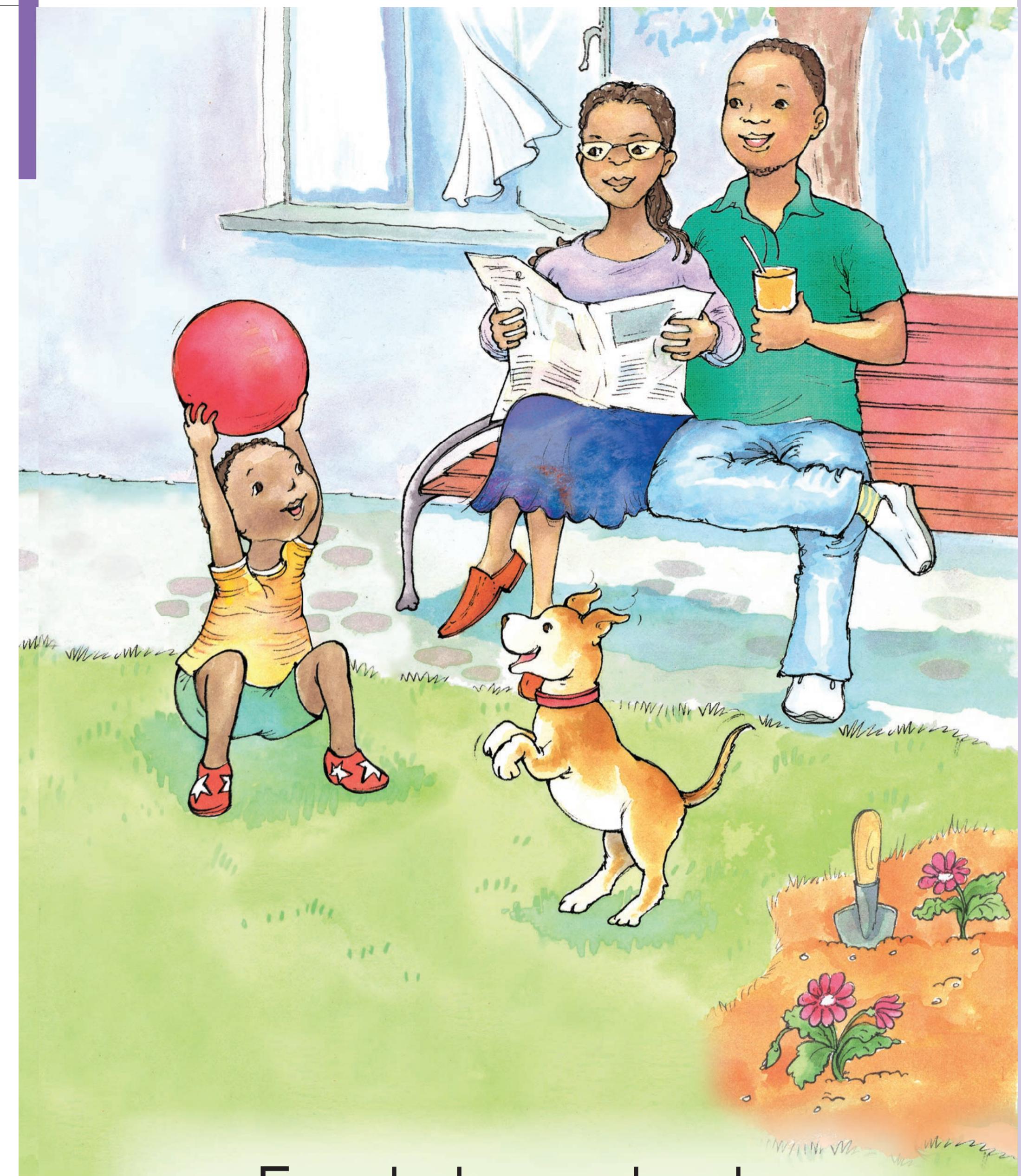
Lelapa la Bongi le mtswalle



Ke Bongi, ken a le dilemo tse 7.

Enwa ke ngwaneso.

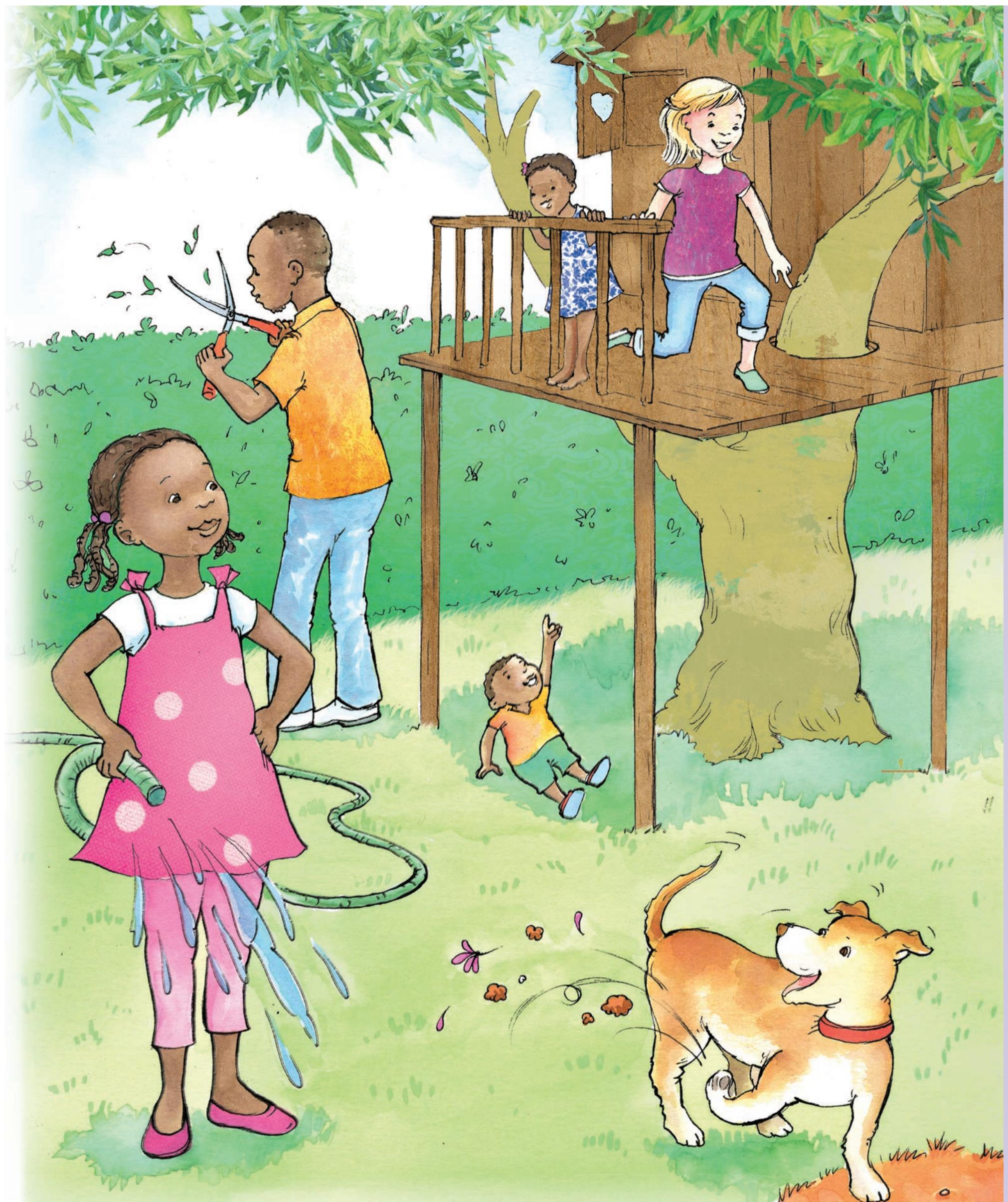
Enwa ke motswalle wa ka Anna.



Enwa ke kgait sedi ya ka.
Bana ke mme le ntate wa ka.
Ena ke ntja ya ka.

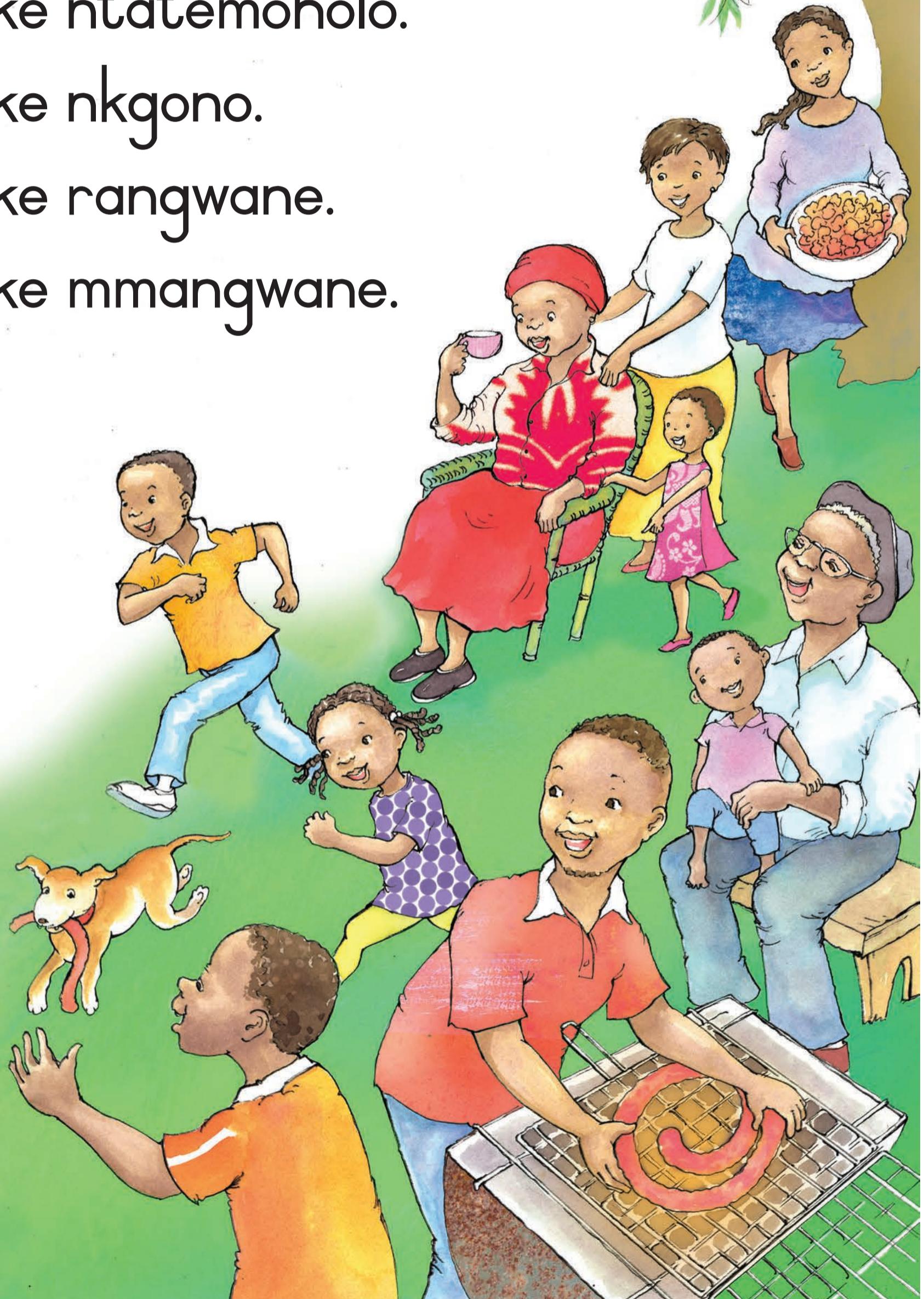
Re rata ho bapala.
Re rata ho bala.





Re thusa serapeng.
Re bapala ntlo ya sefate.
Ntja e rata ho fata.

Re lelapa le leholo le thabileng.
Enwa ke ntatemoholo.
Enwa ke nkgonon.
Enwa ke rangwane.
Enwa ke mmangwane.



Dan, Ken, Anna le Jabu ke metswalle
ya ka.



Re rata ho bapala.
Ho monate ho ba le mtswalle.
Ho monate ho ba le ntja.

O amohelwa letotong le bitswang Buka e Kgolo. Buka e Kgolo ena ke karolo ya tse ding tsa Rainbow Series, tse kenyelletsang dibuka-tshebetso, pokello, dibuka tsa dihlopha le diphousetara. Re tshepa hore o tla fumana dipale tsa mefuta tse kenyelletseng dipaleng tse robedi tsa Buka e Kgolo kereiting ena, di le bohlokwa ho ruteng ha hao mme le hore bana ba tla natefelwa ke kamano ya bona le palo e kopanetsweng.

CAPS bakeng sa boemo bo qalang e hlakisa Palo e Kopanetsweng e le e nngwe ya dikarolo tsa bohlokwa tsa tsela ya ho bala. Palo e Kopanetsweng hangata e nka nako ya pakeng tsa matsatsi a mabedi le a mane bekeng mme ngwana e mong le e mong a bala sengolwa se le seng. Dibuka-tshebetso le dibuka tsa dihlopha di loketse sepho sena.

Le ha ho le jwalo, palo e kopanetsweng ho sebediswa Buka e Kgolo e ngotseng ka ditlhaku tse kgolo ke tsela e ntla ya palo e kopanetsweng hobane bana ba kgona ho bona mantswe le ditshwantsho, mme ba kgona ho latela ha ho ntse ho balwa jwaloka tsela e tlwaelehileng ya ho pheta dipale malapeng. Ho bohlokwa hore bana ba dule pela Buka e Kgolo hore ba bone le ho bala sengolwa. Ditlhaku tse kgolo tsa dibuka tse kgolo di nehelana ka bokgoni ba ho balla bana ba bang ka lenswe le hodimo ka nako e le nngwe ka boiketlo maemong a phutholohileng.

Dibuka tse kgolo letotong lena di tla hlahisa bana tsebong ya dipale tse fapaneng, dithothokiso, diraeme le dipapadi hammoho le tlhahiso le dingolwa tsa ditshwantsho.

Ke boikarabelo ba hao, o le titjhere, ho neha dipale bophelo baneng hore maemo a ho natefelwa le ho thaba a be teng. Tshebediso ya Buka e Kgolo e o neha bokgoni ba ho bopa kamano ya ketso ya ho bala ka tsela e natefelang wena mmoho le bana. Re tshepa hore buka ena e tla o thusa ho etsa sena.

Dikgopololo tse ding tsa ho sebedisa Buka e Kgolo

- Sebedisa polasetiki e hlakileng e le moalo hodima Buka e Kgolo. Ho tla thusa hore bana le titjhere ba ngole hodima polasetiki.
- Ngola hodima moaloo hlakileng ka pene e phumolehang.
- Sebedisa tlelipi e kgolo ho tshwarahanya moalo o hlakileng le buka e kgolo.

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Author: V McKay



Ikisetse seemisa sa Buka e Kgolo

O tla hlota:

- Khateboroto e nang le bophara bo lekanang le Buka e Kgolo e butsweng (594 mm) mme bolelel bo be makgetlo a 3 (1360 mm).
- Masking theipi.
- Ditlilipi kapa diphekese ho tshwara khateboroto mmoho.

Sebedisa masking theipi ho kopanya dikarolo tsa khateboroto.

Mena khateboroto ho etsa foreimi ya A mme o tsipelle bofatshe le sefahleho mmoho jwaloka ha ho bontshitswe setshwantshong se ka tlaase.

