



BORDER ATHLETICS

Technical Officials Course

Email: office@borderathletics.co.za
president@borderathletics.co.za
Call : 068 103 9782
Office: Office 8, Central Square Arcade
Gladstone Street, East London

NPO: 293-586 / TAX No: 9749161197

DATE: 21 – 23 November 2025
VENUE: Ooskus Gimnasium – Mc Janet Drive, Baysville
COST: R600 per person
BANK DETAILS: Nedbank Acc No 120 600 1895 (No cash) Ref: TO Initial & surname

PLEASE TAKE NOTE OF THE FOLLOWING:

1. This course covers Cross-country, Road Running, Race Walking and Track and Field.
2. You will receive a World Athletics Rulebook.
3. Level 1 course attendants will receive an attendance certificate.
4. Level 2 course attendants must have proof of Level 1 certification.

DAY 1 – Friday, 21 November (Level 1 & 2)

TIME	ITEM
09:00 – 10:00	Registration
10:00 – 12:00	Theoretical/ Practical session
12:00 – 13:30	Break
13:30 – 16:00	Theoretical/ Practical session

DAY 2 – Saturday, 22 November 2025 (Level 1 & 2)

TIME	ITEM
09:00 – 11:00	Theoretical/ Practical session
11:00 – 11:30	Break
11:30 – 13:00	Theoretical/ Practical session
13:00 – 13:30	Break
13:30 – 16:00	Theoretical session
	Closure

DAY 3 – Sunday, 23 November 2025 (Level 2 only)

TIME	ITEM
09:00 – 13:00	<u>Written examination</u>

CONTACT: OFFICE 068 103 9782 ISOBEL LOUW 082 575 3394

BOARD MEMBERS:

President: Mr Sicelo Pongoma

Members: Vacant (Vice President); Ms Noluthando Makeleni (Finance); Mr Phaphama Malusi (Road Running); Mr Khanyiso Tshika (T&F), Ms Vuyo Stoto (Cross Country); Ms Noluthando Mahlangeni (Women & Athletes); Mr Thembanani Mrwebi (Coaches); Ms Isobel Louw (Technical Officials)