

LIFE ORIENTATION WORK SCHEDULE: INTERMEDIATE PHASE

GRADE 5: WORK SCHEDULE EXEMPLAR¹

DURATION	TERM 1 – 10 WEEKS = 20 HOURS	Los & ASs	INTEGRATION WITHIN	INTEGRATION ACROSS	CONTENT IN CONTEXT	RESOURCES	ASS FORM METHODS & TOOLS	TEACHING & LEARNING STRATEGIES
2.5 WEEKS = 5 HOURS PER TERM	LO 3: AS 1, 3 & 4 POSITIVE SELF – CONCEPT	<p>Learning Outcome 3: Personal Development CLUSTER 1: AS1: Identifies personal successes and develops an action plan for continued positive self-concept formation. AS3: Appropriately expresses and copes with a range of emotions. AS4: Explores and evaluates ways of responding effectively to violent situations and contexts.</p>	LO 2: AS 3 Significance of friends in times of tragedy & change	2AL LO2 AS6 HL LO2 AS1.1 A&C LO2 (DRAMA) AS1.2	<p>Context: Positive self – concept: Successful in social life & learning environment eg. In sport, home, academically/inside the classroom etc Indicate contributing factors to success eg maintaining healthy relationships, teachers, friends, parents etc</p> <p>Emotional examples like excitement, anger, joy etc. What give rise to emotions & skills how to respond to emotional situations.</p> <p>Violent situations around home, school & community eg bullisim, domestic violence, depriving</p>	Posters Magazines Wall-charts	<p><u>Forms</u> Design & make of action plan in sustaining success Role - play Brainstorming Case study/scenario</p> <p><u>Methods</u> Teacher Group Self Peer</p> <p><u>Tools</u> Rubric Observation Sheets Checklist Memo</p>	<p>Group work/pairs/individual</p> <p>Pairs/ groupwork Pairs/group work Questions/Answers</p>

¹ Each Assessment standard can be addressed according to the relevant calendar event

					situations etc call for help, Child care line, Lifeline, Crime stop etc			
1.5 WEEKS = 3 HOURS PER TERM	LO 1: AS 4 SUBSTANCE ABUSE	Learning Outcome 1: Health Promotion AS4: Explains the individual health and social effects of substance abuse.	LO3: AS1-Positive self-concept formation AS4- Responding effectively to violent abuse	SS(GEOG) LO3 AS1	Context: Substance Abuse Meaning of substance abuse Differentiate between legal & illegal drugs eg Pain killers, dagga, cough mixtures, cocaine, mandrax, sniffing glue etc Health effects & social effects of the above	Posters TADA- Association for drug abuse Human resource Media FAMSA etc	<u>Forms</u> Concept mapping Case study/scenario Test Design & Make <u>Methods</u> Teacher Group <u>Tools</u> Memorandum Rubric	Group work Group work/ individual
2.5 WEEKS = 5 HOURS PER TERM	LO 2: AS1 & 2 HUMAN RIGHTS	Learning Outcome 2: Social Development AS1: Applies children's rights and responsibilities to a range of problem situations AS2: Discusses instances of stereotype, discrimination and bias, and presents a plan to deal with them in own local context.	LO1: AS4 Health & social effects on substance abuse LO3: AS4 Ways of responding effectively to violent situations	SS (Geog) LO1 AS6 1AL LO3 AS1.2	Context: Human Rights: <u>Children's rights and responsibilities</u> Rights vs. responsibilities e.g. Education vs. Going to school & study etc Problem situations are the violation of children's rights eg child labour	SA Constitution – Chapter 2 of the bill of rights Magazines Museums Posters Media Library	<u>Forms</u> Case Studies Role-play Debates <u>Methods</u> Teacher Self Peer <u>Tools</u> Memo Observation sheet Checklist/ Observation sheet	Group work Brainstorming
3 WEEKS = 6 HOURS PER TERM	LO 4: AS 3 ATHLETIC TECHNIQUE							
POA: PROJECT THAT INCORPORATES CASE STUDY INCLUDING ALL THE ABOVE CONTENT + LO4								

DURATION	TERM 2 = 10 weeks	Los & ASs	INTEGRATION WITHIN	INTEGRATION ACROSS	CONTENT IN CONTEXT	RESOURCES	ASS FORM METHODS & TOOLS	TEACHING & LEARNING STRATEGIES
1.5 WEEKS = 3 HOURS PER TERM	LO 1: AS 1 & 2 HEALTHY LIFESTYLE	<p>Learning Outcome 1: Health Promotion AS1: Explores and reports on ways to protect the quality of food and water in various contexts</p> <p>AS2: Investigates a local environmental health problem using different data sources, and plans a strategy to address the problem</p>	LO2 AS1– Children’s rights	2AL LO1 AS1 NS LO3 AS1	Context: Healthy lifestyle Protecting quality of food: Boiling/steaming, limited use of spices, salt, sugar, fat, etc, avoid overcooking, handling & covering of food, re Fridgiration procedure, note expiry dates Water: Purification, covering, clean utensils Local environmental health problems eg pollution, socio – economic (poverty, overcrowding, shelter, etc), crime	Human resource Community Health centre	<p><u>Forms</u> Investigation / Action Research Discussion Oral Presentations Test</p> <p><u>Methods</u> Teacher Group</p> <p><u>Tools</u> Memorandum Observation sheet Rubric /Checklist</p>	Group work/pairs/individual Pairs/ groupwork Pairs/group work Questions/Answers
2.5 WEEKS = 5 HOURS PER TERM	LO 2: AS 5 RELIGIOUS FESTIVALS & CUSTOMS	<p>Learning Outcome 2: Social Development AS5: Discusses festivals and customs from a variety of religions in South Africa</p>	LO3 AS3 – Copes with a range of emotions		Context: Religious Festivals & Customs: Understanding of festivals & customs of various religions	Calendars Diaries Posters Literature on religion	<p><u>Forms</u> Investigation / Research Case study Project Discussion Oral Presentations Test</p> <p><u>Methods</u></p>	Group work/pairs/individual Pairs/ groupwork Pairs/group work Questions/Answers

							Teacher Group <u>Tools</u> Memorandum Observation sheet Rubric /Checklist	
2.5 WEEKS = 5 HOURS PER TERM	LO 3: AS 5 & 6 FEEDBACK & STUDY METHODS	Learning Outcome 3: Personal Development AS5: Reflects on how feedback can be given and received. AS6: Develops and implements a personalized study method.			Context: Feedback & study methods: Reporting skills Note taking Reading Mind map Summarizing Translation Time management & study time table Self management Strngths & weaknesses	Posters Magazines Wall-charts Story books/pamphlets	<u>Forms</u> Drawings Demonstrations Discussion Oral responses Scenario/case study <u>Methods</u> Teacher Group Self Peer <u>Tools</u> Rubric Observation Sheets Checklist	Group work Questions/Answers Pairs
3 WEEKS = 6 HOURS PER TERM	LO 4: AS1 TARGET GAMES							

POA: TEST: INCORPORATES CASE STUDY & DRAWINGS BASED ON THE ABOVE CONCEPTS + LO4

DURATION	TERM 3 – 10 weeks	LOs & ASs	INTEGRATION WITHIN	INTEGRATION ACROSS	CONTENT IN CONTEXT	RESOURCES	ASS FORM METHODS & TOOLS	TEACHING & LEARNING STRATEGIES
2.5 WEEKS = 5 HOURS PER TERM	LO 3: AS 2 SELF - KNOWLEDGE	Learning Outcome 3: Personal Development AS2: Shows an understanding of and respect for body changes.			Context: Self – knowledge: Sexuality education Respect, sensitivity & acceptance to uniqueness of individuals	Videos, Magazines Posters Human resource	<u>Form</u> Scenario Discussion Written task <u>Method</u> Teacher, Peer, Group <u>Tools</u> Observation sheet Memo	Group work/pairs/individual Pairs/ groupwork Pairs/group work Questions/Answers
2.5 WEEKS = 5 HOURS PER TERM	LO 2: AS3 & 4 CULTURAL RELATIONSHIPS	Learning Outcome 2: Social Development AS3: Discusses the significance of friends in times of tragedy and change AS4: Discusses the contributions of women and men in a range of cultural contexts	LO3 AS3 – Copes with a range of emotions AS4 – Ways of responding effectively to violent emotions	2AL LO2 AS6 A&C LO2 AS2(DANCE)	Context: Cultural Relationships: Examples of tragedy At home, school & community- divorce, relocation, accidents etc. Support systems & structures Contributions politically, socially, sport etc	Human resource Magazines Library Videos	<u>Form</u> Scenario/ Case study Design & make Discussion Written task <u>Method</u> Teacher, Peer, Group <u>Tools</u> Rubric Observation sheet Memo	Group work/pairs/individual Pairs/ groupwork Pairs/group work Questions/Answers
1.5 WEEKS = 3 HOURS PER TERM	LO 1: AS 3 LOCALLY OCCURRING DISEASES	Learning Outcome 1: Health Promotion AS3: Recognizes the symptoms and causes of locally occurring diseases and discusses prevention strategies	LO2 AS1 – Rights & responsibilities to a range of problems	Maths LO5 EMS LO1 Language LO2	Context: Locally occurring diseases: Examples, symptoms, causes & prevention of locally occurring diseases.	SA Constitution Magazines Posters Community health centres Media	<u>Form</u> Role play Scenario Case study Research Discussion Written task <u>Method</u> Teacher, Peer, Group <u>Tools</u> Observation sheet Memo Rubric	Group work Questions/Answers Pairs

3 WEEKS = 6 HOURS PER TERM	LO 4: AS 2 & 4 BODY MOVEMENT							
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POA: ACTION RESEARCH THAT INCORPORATES DESIGN & MAKING & SCENARIO + LO4

DURATION	TERM 4 – 6 weeks ² = 12 hours	LOs & ASs	INTEGRATION WITHIN	INTEGRATION ACROSS	CONTENT IN CONTEXT	RESOURCES	ASS FORM METHODS & TOOLS	TEACHING & LEARNING STRATEGIES
4 hours	LO 4: AS5 WATER SAFETY							
3 hours	LO 3: AS 1, 3 & 4 POSITIVE SELF – CONCEPT = 3 hours	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION
3 hours	LO 3: AS 5 & 6 FEEDBACK & STUDY METHODS= 3 hours	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION
2 hours	LO 2: AS3 & 4 CULTURAL RELATIONSHIPS = 2 hours	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION	REVISION & CONSOLIDATION

² Out of the 40 weeks for the year 4 weeks is allocated for extra – curricular activities and administrative work